How should I prepare for the mediation meeting
Bring the workbook to your mediation to ensure you cover all the important issues. Your workbook is: confidential and is not given to the mediators or to the public. It is used for training purposes and is not part of the mediation process. The workbook is designed to help you understand the mediation process and prepare for your participation. It includes guidelines, tips, and exercises to help you feel more comfortable and confident during the mediation. The workbook is available in English and other languages and is designed to be user-friendly and easy to follow. It is a valuable resource for anyone who is involved in mediation and is recommended for use by all parties involved in the mediation process.